

Click Track Practicing

1. Play with Click Track at least 2 TIMES A DAY!!!!
2. If you cannot play all the tempos go back and repeat at slower tempos to make up for time.
3. **DOUBLE CHECK YOUR STICKING!!!** You must play all of the correct sticking. If you make up your own sticking, you are not playing the exercise correctly!
4. **ALL EXERCISES ARE TO BE LEARNED BY THE END OF WINTER BREAK**

TEMPO GOALS FOR THE SEASON

8's	132 b.p.m. (beats per minute)
Double Beat/Triple Beat	120 b.p.m.
Stick Control	164 b.p.m. (dotted eighth note get the beat)
Accent Tap	164 b.p.m.
Roll Break Down	184 b.p.m.
Diddles, 5's and Rolls	144 b.p.m.
Paradiddles	132 b.p.m.
16 th Note Timing	126 b.p.m.
Summertime	160 b.p.m.

If you do not have a metronome, you can go to www.metronomeonline.com to check your tempos!